



MADE IN U.S.A.

83-481

Hospital Fills Service Post

BEVERLY — Richard S. Waters, 25, of Portland, Me., has been appointed patient service director at Beverly hospital. It is a newly established post.

This position is a step forward by the hospital administration in the field of public relations.

Waters will coordinate between the various hospital departments, the patients and the public. Among his duties will be assisting in the preparation of hospital journals and papers.

"I feel this position will be able to present to the community, the board of directors, the medical staff, and employes all the necessary information helpful to the care of our patients," said Craig S. Slater, hospital administrator, today.

Waters, who is working towards a commission in the Maine National Guard, 101 Armored Corps, has had varied experience in radio and television stations.

He was educated in Canada

and attended St. Francis Xavier university, Antigonish, N.S., before going to the University of Maine in Portland.

He took part in the promotion program to sell Sabago Lake, Maine, to the tourists while working for the Sabago-Long Lake association and also worked for the Portland Chamber of Commerce.

In his new post, Waters will feed newspapers, radio, television and magazines information on the growth of medicine and the new federal health medicare programs.

EM EVENING NEWS — SALEM, MASS., FRIDAY, APRIL 22, 1966

NASA Director Speaker To Hospital Volunteers

BEVERLY — The annual Volunteer Recognition Meeting at Beverly Hospital will be held on Wednesday afternoon April 20, at three o'clock, in the hospital auditorium with Dr. Winston E. Kock, director of the Electronics Research Center of NSA, as guest speaker.

A total of 195 volunteers will be cited for their work during the year with special notice for those who, with 500 hours or more of service, earn the silver pin named for the late Mrs. Henry A. Murray in honor of her enthusiastic support of volunteer service at the hospital.

The meeting will be presided over by Miss Constance Hanley, director of volunteer service, and greetings to volunteers and their guests will be extended by Dr. Russell J. Rowell, anesthesiologist at Beverly Hospital and Mrs. Peter Alexander of the Beverly Hospital Aid Association. Representing the board of directors will be Neil R. Ayer, its president, to address the volunteers and give the Murray awards.

A class of 18 girls who plan to make nursing their career and have completed a six weeks basic training course conducted by Miss Ruth Lumbra, R.N., B.S., advanced clinical instructor at the Nursing school, will receive their certification as junior aides.

The guest speaker, Dr. Kock, 55, is an orchid - growing organ

- playing resident of Beverly Farms, who has been director of the NAS Electronics Research Center in Cambridge September of 1964.

Born in Cincinnati, Ohio in 1909, Dr. Kock received his bachelor's degree in electrical engineering at Cincinnati University in 1932. In 1933 he received his master's degree in physics and a year later his Ph.D. from the University of Berlin. He has done post - doctoral studies at the Institute for Advanced Study at Princeton, N.J. and the Indian Institute of Science, Bangalore, India.



Dr. Winston E. Kock

In his 55 years, Dr. Kock has become one of the nation's leading inventors, holding more than 80 patents, nearly half

of them deriving from his love of music. This led to his invention of the electric organ for the Baldwin Piano Company in 1936.

When not engaged as a scientist and administrator one of Dr. Kock's many interests is the cultivation of prize winning orchids. He has hybridized three new varieties, which are registered with the Royal Horticultural Society of Great Britain. In 1965 he established himself as an author when Doubleday and Co. published his "Sound Waves and Light Waves" as an addition to the company's pioneering collection known as Science Series Studies. This series presents the writings of noted scientists on fundamental topics.

Dr. Kock, holder of the Navy's highest civilian award, the Distinguished Public Service Medal, was also honored this year by the Engineers' club of Philadelphia with its George Washington Medal for advancement of science. A tennis and skiing enthusiast, he is married to the former Kathleen Redmond and is the father of two sons and one daughter.

The meeting will be followed by a tea at which Mrs. Russell J. Rowell, president of the Beverly Hospital Aid Association will pour, assisted by Mrs. Orrin C. Dunn of Beverly, Mrs. James Hewson of Beverly Farms and Mrs. Louis W. Cabo of Wenham.

195 Volunteers To Be Honored

BEVERLY — Five women will be singled out for special awards at the annual Volunteer Recognition meeting of Beverly hospital, April 20. They will be among a total of 195 volunteers to be cited for their work during the year. The meeting will be held in the hospital auditorium starting at 3 p.m.

Special notice for those with 500 hours or more of service will go to Mrs. Charles Eldridge, Mrs. Joseph Katz, Mrs. Alexander Tartakoff and Mrs. Edward Waldman, all of Beverly, and Mrs. Walter Hall of Topsfield.

The five will be presented with a distinctive silver pin, the "Mrs. Henry A. Murray" award, named for the late Mrs. Murray whose enthusiastic support of the volunteer department during its initial years was largely responsible for its vitality and growth.

The meeting will be presided over by Miss Constance Hanley, director of Volunteer Service. Dr. Winston E. Kock of Beverly Farms, director of the National Aeronautic and Space administration, will be guest speaker.

Residents of Beverly honored for accumulated hours of service:

Over 4000 hours, Antonio Paglia.
Over 3000 hours, Mrs. Henry A. Conant, Mrs. Herbert Craik and Mrs. Albert E. Parkhurst.

Over 2500 hours, Mrs. Harry E. Dow, Mrs. H. E. Eldridge, Mrs. Samuel Cushing and Mrs. Leighton B. Smith.

Over 2000 hours, Mrs. Robert Barrett, Mrs. Harry S. McGee and Mrs. Abraham Sterman.

Over 1500 hours, Mrs. Leroy K. Blanchard, Mrs. Israel Chansky and Mrs. Earle Soper.

Over 1000 hours, Mrs. Louis S. Allen, Mrs. Jack Bernstein, Mrs. Victor Clare, Mrs. Edward Kanter, Mrs. Dawn Parks, Mrs. David Standley, Mrs. Warren Tibbetts, Mrs. Elliot Wadsworth and Mrs. Norman Wilks.

Over 500 hours, Mrs. Abraham Barron, Mrs. Norman Barron, Mrs. Freeman Berry, Mrs. Hubert Brewer, Mrs. George Cohen, Mrs. Felix Cotti, Mrs. Charles Eldridge, Miss Helen Grush, Mrs. Brinley M. Hall, Mrs. Joseph Katz, Mrs. D. C. Lash, Jr., Mrs. Robert B. McInturn, Mrs. Wesley T. Perkins, Mrs. Philip Rubinstein, Mrs. Abraham Segal, Mrs. Isadore

Sterman, Mrs. Alexander Tartakoff, Mrs. Edward Waldman, Mrs. Max Weinberg and Mrs. Thomas Wigglesworth.

Over 400 hours, Mrs. James Hewson, Mrs. Nell MacKenna, Mrs. Edward P. Parker, Mrs. Alvin Robbins and Mrs. E. T. Robinson.

Over 300 hours, Mrs. John Cohen, Mrs. Malcolm Fraser, Mrs. John J. Furey and Mrs. Norman Jack.

Over 200 hours, Mrs. Lawrence Avery, Mrs. Chester Ball, Mrs. Doris G. Bell, Mrs. Leonard Black, Mrs. Henri Bourneuf, Mrs. Lucienne Brightman, Mrs. Lester Finney, Mrs. Ralph Harris, Mrs. Charles Kilchener, Mrs. Austin Knight, Miss Rose Landolph, Mrs. David Nelson, Mrs. John Nelson and Mrs. Abraham Newmark.

Residents of the area:

Over 4200 hours, Mrs. Harlan Cole, 4 East street, Danvers. Mrs. Cole leads all volunteers in hours of service at the hospital.

Over 1300 hours, Mrs. Nelson Perkins, 30 Eden Glen road, Danvers.

Over 1100 hours, Mrs. Robert Betts, 60 Ipswich road, Topsfield.

Over 400 hours, Mrs. Laurance Dosh, Camp Meeting road, Topsfield.

Junior Volunteers:

Over 400 hours, Elaine Crossman, 164 Washington street, Topsfield, and Wayne Eisenhower, 55 Hobart street, Danvers.

Over 200 hours, Candace Marble, 22 Vista drive, Danvers.

American Hospital Association pin for 100 hours within one year, Miss Susan Cargill, Georgetown road, Boxford.

American Hospital Association pin for 100 hours of service within the past year:

Senior volunteers from Beverly, Miss Marion L. Barker, Miss Lonna Broudo, Mrs. Walter Gorman, Mrs. Ralph Harris, Mrs. William T. Kelly, Mrs. Austin Knight, Mrs. Austin Nickolson, Mrs. Francis J. Noonan, Mrs. Richard Varney and Mrs. John Weinheimer.

Junior Volunteers, Carole Jean Barker, Jane Baxter, Marguerite Bessette, Carol Burns, Susan Cassidy, Hope Chansky, Dana DiDio, Elizabeth Doyle, Eileen Eastwood, Christine Eriksen, Barbara Estey, Diane Femino, Helen Femino, Thomas Fine, Jane Fitzpatrick, Ann Foley, Catherine Ford, Patricia Forrant, Christine Frasca, Jeanne Gelineau, Nancy George, Jean Gillis, Michele Gravell, Mary Hoar, Debra Heffernan, Pamela Kelly, Diane Mugford, Mary Nixon, Jane Pattee, Linda Pizzello, Janet Rogers, Cynthia Sciola, Patricia Soucy, Doreen Spears, Wendy Spencer, Lynne Strout, Kathleen Tyburski, Margaret Weinheimer and Kathy Lou Wanson.

Honorable mention for accumulated hours of service, Junior volunteers in hospital service:

400 hours or more, Elaine Crossman, Wayne Eisenhower, David Jusiewicz and Christine Lucida.

300 hours or more, Anne Bancroft, Anita Dion, Patricia Forrant, Ruth Kiddle, Ned Lynch, Sheila McGarr, Richard Marquis, Patricia O'Hara, Joanne Tartolino and Kathleen Waldrop.

200 hours or more, Marguerite Bessette, Carol Burns, Hope Chansky, Elizabeth Doyle, Jane Fitzpatrick, Joyce Furey, Jean Gillis, Wilda Hall, Marcia Harvey, Faye Katz, Joanne Lee, Candace Marble, Susan Pesce, Patricia Rollinger, Linda St. Charles, Janet Talbot, Denise Wood and Paula Zwicker.

Residents of the area honored for hours of service:

Over 1300 hours, Mrs. Kenneth B. McMullen, Ipswich, and Mrs. Clifford Roberts, Hamilton.

Over 1200 hours, Mrs. Janet Pingree, Hamilton, and Mrs. Edward W. Seaver, Hamilton.

Over 1000 hours, Mrs. Edward Frederick, Hamilton.

Over 800 hours, Mrs. John Guilaal, Hamilton.

Over 700 hours, Mrs. Neil R. Ayer, Wenham.

Over 600 hours, Mrs. John W. Chadder, Wenham.

Over 400 hours, Mrs. John C. Jorgensen, Wenham, and Mrs. Eldon Scott, Hamilton.

Over 300 hours, Miss Marjorie Lufkin, Wenham; Mrs. Houston S. Phelps, Hamilton; Mrs. Alan W. Sampson, Wenham.

Over 200 hours, Mrs. Robert H. Birkenmose, Wenham, and Mrs. John R. Logan, Ipswich.

Junior volunteers, over 300 hours, Anne Bancroft, Hamilton; over 200 hours, Jane Fitzpatrick, Wenham, and Susan Pesce, Hamilton.

Special silver pin, called the Mrs. Henry A. Murray award, for the first 500 hours, Mrs. Paul M. Pilcher, Hamilton, and Mrs. Peter Scott, Hamilton.

American Hospital association 100-hour pin for 100 hours within the year, Mrs. Robert Birkenmose, Wenham; Mrs. James Campbell, Hamilton, and Mrs. William Poole, Jr., Hamilton; Junior volunteer, Jane Fitzpatrick, Wenham.

Residents of Manchester honored for hours of service, Mrs. James Means, over 1500 hours; Mrs. Roland Brooks, over 800; Mrs. R. C. Millard, over 600; Mrs. Leon Alderman (Magnolia), over 400; Mrs. Herman Magnuson, over 400; Mrs. Warren Day, over 300; Mrs. Thomas Sherwood, over 200; Miss Susan B. Slurgis, over 200; Mrs. Herbert Stead, over 200; Mrs. LeSaron Turner, over 200, and Mrs. Peter Ward, over 200.

Special silver pin, called the Mrs. Henry A. Murray award, for first 500 hours, Mrs. Leslie Franks.

American hospital association pin for 100 hours within one year, Mrs. George

195 Beverly Hospital Volunteers Honored

Volunteers of Beverly hospital were cited Wednesday for having accumulated more than 85,000 hours of work for the hospital.

At the annual Volunteer Recognition meeting in the Beverly hospital auditorium, Neil R. Ayer, president of the board of directors, congratulated the volunteers for the record they had set and for their efforts to serve the community. He noted that the hospital staff was grateful to them for their contributions to the daily care of the patients.

Singled out and personally commended for being the force behind the vitality of the group was Miss Constance Hanley, director of the volunteer service.

Of the 195 volunteers honored at the meeting, Ayer expressed a special note of congratulations to Antonio Paglia of Beverly and Mrs. Harlan Cole of Danvers. Paglia has accumulated more than 4200 hours of volunteer work. For the past two years he has been reporting to work twice a day, seven days a week.

Mrs. Cole was credited with more than 4000 hours of volunteer work in the coffee shop of the hospital.

Recipients of the Mrs. Henry A. Murray award for 500 or more hours of service were:

1000 hours: Mrs. Robert Betts, Topsfield, and Mrs. Edward Frederick, Hamilton.

500 hours: Mrs. Charles Eldridge, Beverly; Mrs. Walter Hall, Topsfield; Mrs. Joseph Katz, Beverly; Mrs. Paul M.

Pilcher, Hamilton; Mrs. Peter Scott, Hamilton, and Mrs. Edward Waldman, Beverly.

COFFEE SHOP VOLUNTEERS

1500 hours: Mrs. Israel Chansky, Beverly, and Mrs. James Means, Manchester.

1000 hours: Mrs. Louis S. Allen, Mrs. Jack Bernstein and Mrs. Edward Kanter, all Beverly.

500 hours: Mrs. Leslie Franks, Manchester, and Mrs. Alexander Tartakoff, Beverly.

GIFT SHOP VOLUNTEERS

3000 hours: Mrs. Henry A. Conant, Mrs. Herbert Craik and Mrs. Albert E. Parkhurst, all Beverly.

JUNIOR AIDES

Receiving certification as junior aides were Marguerite Bessette, Susan Cassidy, Dana DiDio, Elizabeth Doyle, Eileen Eastwood, Christine Frasca, Nancy George, Jean Gillis, Michele Gravell, Marcia Harvey, Pamela Kelly, Linda Pizzello, Janet Rogers, Wendy Spencer, Lynne Strout and Margaret Weinheimer, all of Beverly, and Jane Fitzpatrick and Jane Perkins of Wenham.

Guest speaker was Dr. Winston E. Kock of Beverly Farms, director of NASA's Electronic Research Center in Cambridge.

HOSPITAL SEMINAR

Beverly hospital is sponsoring a seminar today on the problems facing youth and the facilities available on the North Shore to help disturbed adolescents.

Francis G. Soule, M.D., director of medical education at the hospital, said the seminar is attracting a great variety of people interested in the problems facing the youth of today.

The seminar, "Today's Adolescent," is sponsored by Beverly hospital in cooperation with Ross Laboratories.

Moderator will be Melvin Goodman, MD., a past chairman of the Mental Health committee of the Massachusetts Medical society. He is a visiting neuropsychiatrist at Beverly hospital.

Richard Galdston, MD, staff psychiatrist at Children's hospital and instructor at the Harvard Medical school, will discuss the general psychological development of young people, their conflicts, and clues as to imminent problems.

Staff psychiatrist of Beverly and McLean hospitals, Arthur Z. Berg, MD, will discuss in "Psychotherapy in Adolescence" the approach of the general practitioner in helping the disturbed adolescent.

The third speaker, Tobias T. Friedman, MD, psychiatrist director of the North Shore Guidance center, will explore the facilities available on the North Shore for treating the disturbed youth.

The 1 p.m. seminar is featuring a question and discussion period after which coffee will be served.

Club Council contest.

5/2/66

Beverly Times **Seminar Probes Youth Problems**

BEVERLY — Problems facing youth, and facilities available on the North Shore to help disturbed adolescents will be discussed at a seminar tomorrow afternoon at Beverly Hospital.

Dr. Francis G. Soule, director of medical education at the hospital, said the seminar will attract people interested in youth today including many clergymen.

Dr. Melvin Goodman, visiting neuropsychiatrist at the hospital, will moderate the seminar on "Today's Adolescent."

Psychiatrists speaking will be Dr. Richard Galston of Children's Hospital and Harvard Medical Schools, Dr. Arthur Z. Berg of Beverly and McLean Hospitals and Dr. Tobias T. Friedman of the North Shore Guidance Center.

Dr. Soule said that although the seminar is filling up, interested persons are welcome.



PROUD GRADUATES — Allowed to wear symbolic "graduating" uniform, these happy teenagers at Beverly hospital have earned the right to wear their candy-striped pinafores and boast a card of certification. Completing a six-week course, in addition to regular volunteer duties, were, front row, left to right: Janet Rogers, Susan Cassidy and

(Staff photo)
Chris Frasca, Beverly; Jane Perkins, Wenham, and Peggy Bessette, Elizabeth Doyle, Lynne Strout and Marcia Harvey, Beverly. Standing: Jane Fitzpatrick, Wenham, and Wendy Spencer, Dana DiDio, Peggy Weinheimer, Eileen Eastwood, Nancy George, Linda Pizzello, Jean Gillis, Pamela Kelly and Michele Gravel, all Beverly.

Earn Right to Wear Pinafores

Candy-strippers are taken from the ranks of junior volunteers when they show dependability and interest in their work and have a desire to making nursing a career.

In order to qualify as a junior volunteer, a girl must be 14 years old. As a volunteer, she performs clerical duties in the hospital freeing professional workers to better care for patients.

As a junior volunteer she wears a blue smock. When she becomes 16, she is considered an adult volunteer and receives a cherry-red smock, plus added responsibility.

While working as a junior volunteer, each girl is evaluated by the director of volunteer ser-

vice. If she shows interest in her work and wishes to enter nursing, she is approved and permitted to take a special course offered by the hospital in basic nursing techniques. The 15-hour course includes training in making beds, feeding patients, caring for children and assisting

the nursing staff.

Upon completion of the course, she receives a card of certification and the right to wear the candy-striped pinafore. Of greater importance, she is now equipped for more meaningful service to the wards. Candy-strippers are taught by Ruth Lumbr, advanced clinical instructor at the nursing school, and in a special pediatrician class by Mary Singleton, pediatric supervisor.

Candy-strippers at Beverly differ from those of other hospitals in that the girls are instructed and earn the right to wear the uniform which sets them apart from the rest of the volunteer workers. They must first complete the six week course. Often, they give up leisure time and take the course in addition to regular volunteer duties.

Once a girl completes the course and receives certification, she works on the same volunteer basis, often competing with other volunteers for the "chance to work." On the floors, a nurse recognizes her as being able to perform various duties that are entrusted only to one trained according to hospital standards.

Perhaps one of the greatest advantages of a candy-striper is that she has the opportunity of finding out if she is really interested in nursing. The training gives the girls a chance to learn what it really is like to be a nurse. It also offers them a chance to work with graduate nurses.

Each year, about 85 percent of the candy-strippers enter schools of nursing or allied medical fields. Their zeal is guided by the assurance that it is something in which they are vitally interested.

Teens interested in this program are urged to contact Constance Hanley, director of volunteer service.

EXPLORE NURSING CAREER

Seventy junior and senior high school students registered for the special program on Nursing, sponsored by The Essex County Health Career council which was planned and presented by the faculty and students of the Beverly Hospital School of Nursing recently.

The program was opned in the auditorium of the hospital, Mrs. Alice Schindel, director of the nursing school extended greetings. A panel discussion followed on what registered nurses do and must know. Miss Janice Ross, Class of 1966 and Student Government president, spoke on Nursing Care of the Adult Patient; Miss Ellen Cannon, president of the Class of 1966, spoke on Nursing Care of the Sick Child; and Miss Jeanne Porter, Class of 1966, and the 1966 Beverly Hospital Nurse of the Year, spoke on The Nursing Care of the Maternity Patient and Newborn Infant. Mrs. Schindel served as moderator. She presented the introductory remarks on nursing as a career and how to prepare for it and also summarized the talks presented by the senior student panelists.

A lively question and answer period followed in which all members of the panel freely participated.

Tours of the hospital were then provided for the registrants to observe first hand what nurses do in hospital nursing. These included observation experiences in medical-surgical nursing, pediatrics nursing and maternity nursing and in the out-patient emergency unit.

A second question and answer period followed these tours — and a final summarization of the morning's program was briefly presented prior to the end of the program at 12.30 p.m.

Sixteen registrants came from Beverly four from Memorial Junior High, five from St. John's, six from Briscoe Junior and one from St. Mary's High; ten from Rockport Junior High school; eight from Ipswich, four

from St. Stanilaus and four from Ipswich High; eight from Wenham Junior High; 14 from Hamilton Junior High; eight from Salem, six from St. John's and two from Ste. Chretienne's; two from Kelley Junior High school in Newburyport and two from Manchester Junior High. There was one parent (mother) from Rockport.

MILITARY WHIST

North Shore Circle Companions of the Forest will hold a military whist Thursday evening in GAR hall at 8:15. Refreshments will be served. Mrs. Alma

OFF THE CUFF

A story containing the results of a two year research study at Beverly hospital appears in this month's issue of the American Journal of Nursing. It was authored by Dorothy T. Linehan, RN, of Danvers, the project investigator. Mrs. Linehan graduated from Mass. General hospital School of Nursing and attended the University of Minnesota, BU and Salem State college. She is presently coordinator of the patient education program at Beverly hospital. The study was sponsored by the Medical Foundation, Inc., of Boston and the Central North Shore United Fund.

In another area, Beverly hospital has been given highest priority for federal funds for modernization under the new Hill-Harris law.

Sooner or Later

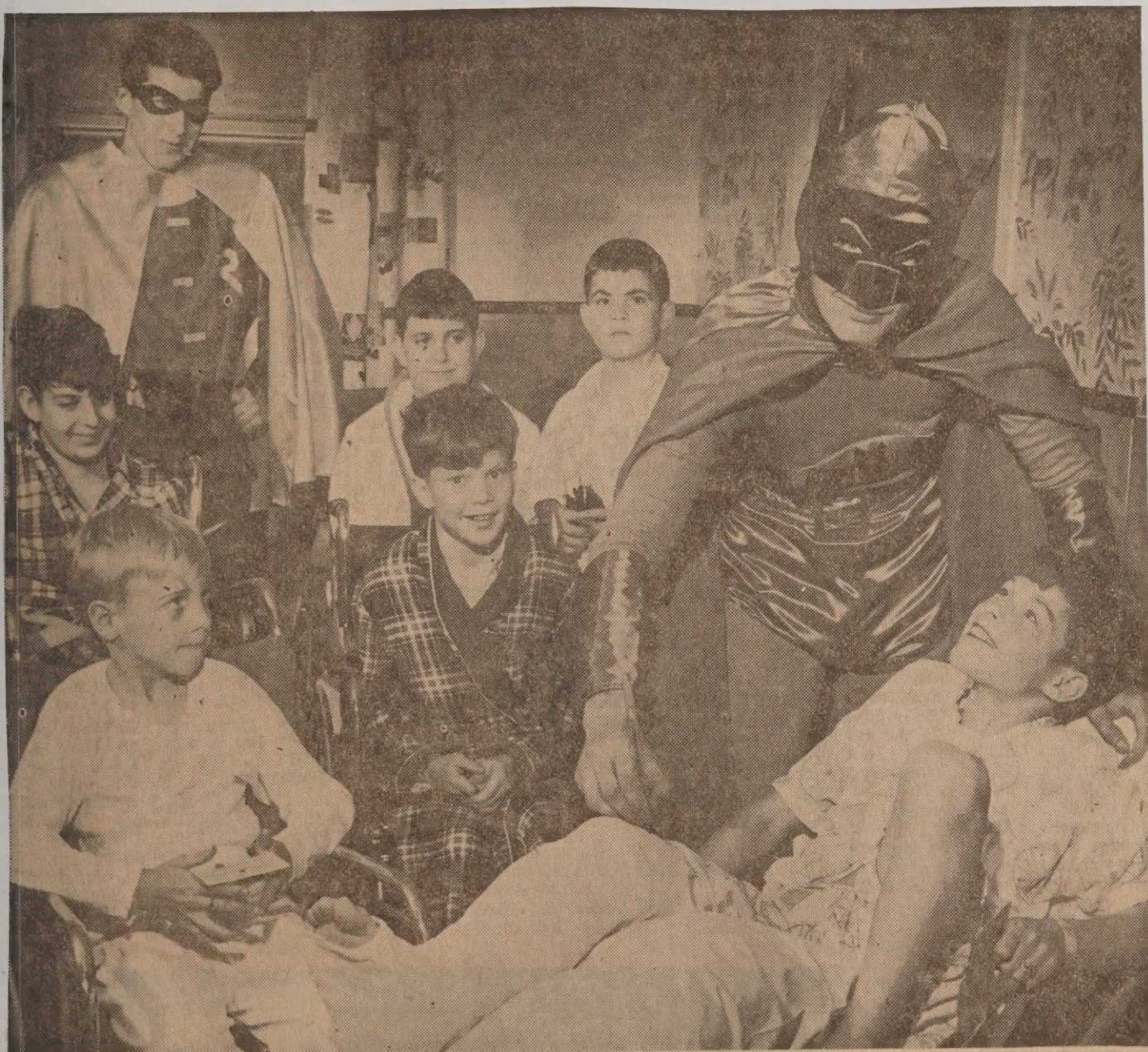
While he didn't expect war about later? The country has now, he said he foresaw a long been more or less chaotic for

Topsfield



HOLD IT — Having her picture taken for "Daddy," a Coast Guardsman stationed in Viet Nam, is Linda Jean Kelleher, born this past weekend at Beverly hospital. The photo service is a Beverly "first," started by the Volunteer department and dubbed "Photo for Fathers in Service." The new cost-free service provides fathers who are in the armed forces their first

glimpse of new additions. Linda's dad, Martin J. Kelleher, is a gunner's mate (1c) on the USCG Point Grey at An Thoi, Phu Quoc, Viet Nam. Holding Linda Jean is her mom. Taking the picture is Mrs. Richard Varney, a volunteer at Beverly hospital. The Kellehers have three other children, Michael, 11; Donna, 5, and Katherine, 3.



(Staff photo)

HOLY TONSILS — Batmania took over the Children's ward of Beverly hospital Wednesday afternoon with Batman and Robin delighting ailing youngsters. Arrangements for the hospital visit were made by the Hospital Aid association and Cabot Cinema Mgr. William V. Hayden who has booked a Batman screening this coming Saturday and Sunday afternoon. The World War 2 serialization of "Batman" has been film edited into a running three-hour show with eight capters strung together for one

weekend showing; the remaining seven of the 15-chapter original Batman will be screened the following weekend. Shown here are "Batman," John Cochran, signing the cast on the leg of Stephen Wickers of Beverly, while two lads seated in the front, Lars Gulbrandsen of Beverly, left, and Kent Barry of Hamilton, look on. Seated behind them are from left Robert Guidara, Loring Ward and George Archibald, all of Beverly. And at the back is naturally the boy wonder himself "Robin," Daniel Woods.

HOSPITAL CONFERENCE

"Medicare and Hospital-Nursing Home Affiliation" was the subject for the third annual conference of the North Shore Committee on patient care held this week at Beverly hospital.

A panel discussion to explain the new law and how it applies in all areas of medical care was held.

Participating in the discussion were C. Bruce Brown, MD, a general practitioner from Rockport; Miss Eleanor Clark, social service director at Mass. General hospital; Miss Anna E. Allen, medical librarian at Beverly hospital; Mrs. Theresa DePippo, nutritionist for the state department of public health; Arshag Ohanian, pharmacist at Beverly hospital; Mrs. Rae Gordon, physical therapist at Beverly hospital; Jack Guveyan, medical social work consultant for the department of public welfare; Miss Louise W. Brine, RN, owner of the Elm Hill nursing home in Roxbury and Vincent Botarelli, Jr., coordinator at Waltham hospital nursing homes group.

Purpose of the conference was to review the requirements that hospitals and nursing homes must meet in order to implement the medicare program. It was disclosed that a hospital-nursing home exchange of services will be necessary.

Dr. Philip D. Herrick, co-chairman of the North Shore committee on patient care, was moderator.

Participating in a discussion that followed the panel program were John Harrison, administrator of Lynn hospital; Craig S. Slater, administrator of Beverly hospital; John Wrightson, of the Pilgrim House, Peabody; Harvey Hoffman of Devereaux house, Marblehead; and Jay A. Schlaikjer of the Den-Mar nursing home in Rockport.

NOTED UROLOGIST HERE

Dr. J. Hartwell Harrison, chief of urologic service at Peter Bent Brigham hospital and Elliott Carr Cutler, professor of surgery at Harvard Medical school, will serve as sixth surgeon-in-chief pro tem at Beverly hospital Friday and Saturday.

Dr. Harrison will be featured speaker at the 17th annual Peer P. Johnson lecture at the hospital.

Each year an outstanding surgeon serves as surgeon-in-chief pro tem at the hospital's annual Alumni weekend. Doctors who have trained at Beverly Hospital return for the program.

Dr. Harrison served in the U. S. Army from 1942 to 1945 as chief of urology at the 105th General hospital and urological consultant to the Chief Surgeon Southwest Pacific Area.

Dr. Harrison is a consultant in urology at Massachusetts Hospital School for Crippled Children,

the Children's Medical Center, the Veterans Administration hospital in West Roxbury, and Boston Lying-In hospital. His topic for the Johnson Lecture here will be "Recent Advances in Surgery of the Adrenal."

Prior to his lecture on Saturday a scientific program has been planned. Presenting papers will be Burnham E. Lamkins, M.D., Paul M. Beach, Jr., M.D., Mayo Johnson, M.D. and Francis G. Soule, M.D.

BAT VISIT

Barman and Robin swapped jokes with youngsters in Beverly hospital's Sears ward Wednesday.

The Caped crusader and boy wonder arrived at 3:30 p.m., sponsored by William V. Hayden, manager of the Cabot Cinema. They handed out gifts to all of the youngsters and offered wishes for a speedy recovery.

The dynamic duo will be in the Garden City for the next few days promoting their latest Batman series which opens at the Cabot Saturday.

June 2.



(Staff Photo)

VISITORS FROM JAPAN — In the Beverly Hospital laboratory, Dr. Robert Fienberg, chief pathologist, demonstrates sophisticated equipment to visiting Japanese physicians and their son. In foreground are Dr. Mitsuko Fakunaga, a pediatriician, and her husband, Dr. Kazuo Fukunaga, a general practitioner.

Their son, Takao, shares their interest in the proceedings. The visitors from the Orient are guests at the Beverly Farms home of Caleb Loring, whose daughter was a college roommate of the daughter of the Fukunagas.



(Staff Photo)

BEVERLY HOSPITAL TOUR — Visiting students from Brazil were conducted on a tour of Beverly Hospital by Dr. Humphrey Lloyd, at left. The group com-

BEVERLY — Beverly hospital was host Friday to a group of exchange medical students from Brazil. Their visit was sponsored by the International Friendship club. Tour chairman was Mrs. Thomas Hale of Manchester.

The students arrived at the hospital at 10:30 a.m. and were met by Miss Gloria Barry of the volunteer office. They were then escorted to the operating room to observe an operation. A tour of the hospital buildings and wards was organized by Miss Constance Hanley, director of the volunteer service.

Dr. Humphrey E. D. Lloyd, pathologist, gave them a guided tour of the laboratory, explaining the various machines and their functions in testing and treatment. After spending

nearly an hour in the lab, they visited the X-ray department where they were met by Dr. Paul Tivnan, chief radiologist at the hospital.

They then met with Craig Slater, hospital administrator, who, informally discussed the role of the hospital in the United States insofar as the effect Medicare has upon it.

After lunch they were given a tour of the floors.

The seven medical students visiting the hospital were: Gisnando Pimental, Bahai; Henrique Lenzi, Rio Grande do Sul; Senorita Carmen de Castro Chayes, Recife; Aristides Volpato Cordioli, Rio Grande do Sul; Eduardo Soares de Freitas, Guanabara; Senorita Virma Maria DeSuoza, Minaf Geraif and Luiz Carlos of Sao Paolo.

prised Virma DeSouza, Henrique Lenzi, Carmen De-Castro Chayes, Luiz Carlos and Aristides V. Cor. At this juncture Dr. Lloyd details processing of tissue.

Their hosts while in the Beverly area are Mr. and Mrs. John Chase of Magnolia, Mr. and Mrs. Lewis Cabot of Manchester, Miss Jacqueline Darcy of Gloucester, Dr. and Mrs.

Richard McCray of Manchester, Mr. and Mrs. Lawrence Meinert, Gloucester, Dr. and Mrs. Marc Peloquin, Magnolia and Mr. and Mrs. Jay Schlaikjer of Manchester.

Beverly Hospital's Patient Load Hiked by Medicare

BEVERLY — A slight increase in the patient load at Beverly hospital is noted today by Administrator Craig S. Slater.

Pointing out that since Medicare became operative July 1, Slater said that paperwork has increased and there is a shortage of proper Medicare forms.

Nearly 24 percent of the total number of patients in the hospital are covered under Medicare, the administrator observes.

Springboard for Mr. Slater's observations was a brief ceremony during which the administrator was presented with a plaque by James E. Allen, Salem Social Security district manager. Beverly hospital is one of five general hospitals in the area serviced by the Salem SS office.

The red, white, and blue plaque signifies that Beverly hospital has met the requirements and is certified for health insurance under social security.

Karl Spearel, patient accounts manager, noted that while some people are fully covered under Medicare, they don't want it. Spearel attributes many of the difficulties in accepting and supporting the provisions of Medicare to a lack of knowledge about it. Many people are surprised that so much of their medical care is paid. On the other hand, he said there were some who were surprised to learn that

they would still have to pay a small portion of the total cost.

One instance has been cited at the hospital where a woman wanted to sign up for the supplementary medical insurance helps cover costs of doctor bills and extra health services, those things not covered under Medicare. June 31, 1966 was the last day for inclusion into the supplemental program. Now, as the woman who waited before deciding it was something she needed, many people will have to wait until October, 1967.



BEVERLY HOSPITAL RETIREE — Miss Mildred W. Allen was honored at a banquet at the Marguery restaurant in Ipswich for her 21 years of service to Beverly hospital. She began working in the hospital's business office on Feb. 23,

1945 and retired on June 30 of this year. Lawrence Paul, (right), business office manager, is awarding her a silver bowl filled with flowers and dollar bills. Looking on is Lester W. Finney, controller.

Beverly Hospital First in Area With Speedy Paging System

Hospital-doctor communications have joined the field of "instants" with Beverly hospital. Administrator Craig S. Slater revealed today that a new paging system to keep doctors in constant contact has been installed. The system is a gift of the Hospital Aid association.

No matter where any Beverly doctor may be within a 15-mile radius, he will be readily in contact with nurses at the switch of a button.

"Use of the system which is now in the installation completion stage provides Beverly hospital as an essential element in any community disaster program," Slater pointed out.

The system as employed at the hospital is the first of its kind in Massachusetts and has been tested with repeated success. Linked with the switchboard at the hospital, the system is designed to pinpoint highly-skilled, specialist doctors when they are away from the hospital, whether riding in their car or at home.

Consisting of a base transmitter and a transistorized receiver that weighs less than 12 ounces, the system provides almost instant contact with the person being called.

Dr. Russell J. Rowell, anesthesiologist, can attest to the speed with which contact is made. He was at home when he received one of the first emergency calls via the new paging unit. He was at the hospital 58 seconds after the initial move was made to contact him, a much faster time than if contact had to be made by telephone.

How does the radio paging system work? From the doctor's point of view, it's as simple as pressing a button on his transistorized radio pager and listening to the voice message, informing him of the nature of the emergency and where he's needed. The pager, designed and developed by Motorola Communications and Electronics Inc., will play a vital role in communications in the entire North Shore area. At present, most hospitals use the "leave your number system" system when a doctor is on call. Should the doctor be away from the phone for even one minute, he

might not be reached. With the new system, he could be on his way home between his office and the hospital, or working in his backyard, and maintain constant contact with the hospital.

When a doctor is needed on a weekend or at 2 a.m., the base station operator simply presses the pushbuttons that correspond to his page number. This activates transmission of a tone code which in turn is received by the pager the doctor carries clipped to his belt. The pager then emits a clear, high-pitched, alerting sound. The doctor responds by pressing a button on the receiver, opening the speaker to the voice message which is being transmitted by the base station operator. Since the tone code activates only the unit paged, all others in the system remain silent. This selectivity provides privacy and accuracy in communication. Being able to transmit the voice message allows the operator to

tell the doctor just what the situation is.

The 375-watt base station used by Beverly hospital is the most powerful available. The transmitted signals will extend 15 miles from the hospital. Doctors may visit neighboring communities and still receive a clear message and maintain communication with the hospital in the event he is needed for an emergency there. There's never a busy signal with the paging unit and there's no delay.

After a long hard look at the communications system employed by the hospital it was evident to officials that a vital alert system was essential to the community. The Hospital Aid association responded to a request to purchase a radio paging system that could pinpoint personnel within and without the hospital. Their efforts and sponsorship of the Vienna Boys Choir in March of this year resulted in the necessary finances to purchase it.

117 Teeners Do Volunteer Work at Beverly Hospital

The summer Junior Volunteer program of Beverly hospital is now at high tide with 117 teenage boys and girls at work in almost all areas of the hospital.

Duties of the Junior Volunteers range from sorting and delivery of mail, newspapers and flowers to the patients, distribution of food trays, recreation work with children on the pediatric ward and in the well baby clinics held twice a month, to the numberless errands throughout the hospital complex.

Participants in the program are:

Victoria Abbot, Carole Barker, Robert Barnes, Jane Baxter, Patricia Beauchesne, Peggy Bessette, Marie Bonaiuto, Ellen Booraem, Paulette Breton, Paula Bucci, Judy Brodie, Rosemary Butler, Cheryl Carfagno, Christine Connolly, Linda Costopoulos, Deborah Cote, Diane Dale, Dana DiDio, Kristine Dineley, Elizabeth Doyle, Elleen Eastwood, Charlene Elliott, Christine Eriksen, Barbara Estey, Diane Fabri, Diane Femino, Catherine Ford, Barbara Foster, Christine Frasca, Nancy George, Jean Gillis, Marcia Harvey, Dale Henderson, Linda Hirtle, Elise Hyde, Pamela Kelly, Kathleen Leck, Jacquelyn LeClair and Joanne Lee, all of Beverly.

Also: Deborah Mager, Ann Maglio, Rosemary Maglio, Patricia Main, Susan Manzi, Barbara Marshall, Maureen Mason, Diane Mugford, Catherine McDonough, Shelia McGarr, Neil McKenna, Diane McPherson, Daphney Morrill, Jane Pattee, June Pelletier, Janice Perrault, Nancy Phillips, Linda Pizzello, Linda Richardson, Joanne Riquier, Janet Rogers, Andra Rudolph, Cyrrhia Sciola, Paula Serrentino, Wendy Spencer, Lillian Stowell, Lee Thibodeau, Kathleen Toomey, Kathy Trainor, Kathy Waldrop, Douglas Ward, Margaret Weinheimer, Nadine Westerdahl, Janis White, Pamela Winsor, Donna Wolkins and Kathy Wonsen, all also of Beverly.

Gale Belton, Jane Call, Betsey Cogswell, Caryn Coogan, Sandra

Crawford, Marie Dorden, and Elderkin, Jane Fitzpatrick, Nancy Hamilton, Carol Lynn Hill, Lee Horsman, Stephanie Hurley, John King, Karen Kish, Judy Kraus, Kristine Liberti, Merrill MacLeod, Dianne Moore, Jane Perkins, Carley Putnam, Mary Scott and Mark Tomeo, all of Hamilton-Wenham.

Louise Chase, Edith Choate, Jill Eiseman, Kevin Flatley, Gay Forbes, Holly Eiseman, Kim Kenley, Isabella Kinney, Tim Leggett and Florrie Perkins of Manchester.

Elaine Crossman, Nancy Crossman, Deborah Demark and Cornelia Walsh of Topsfield.

Leslie Beyer, Nancy Edwards and Donna Koziol of Ipswich.

Bonnie Davis, Paula DiRubio and Wayne Eisenhower of Danvers.

Bettina Hyland of Marblehead.

Beverly Hospital, in cooperation with the Dairy Council of Southeastern New England, will conduct a two-part program on "Weight Watch" as a service in community health for staff, patients and interested persons. The first meeting is scheduled Wednesday, at 8 p.m. in the Beverly Hospital auditorium.

The second meeting will be held Sept. 21.

Guest speaker at the first meeting will be Miss Rachel Jones, nutritionist for the dairy council. She will speak on "The Problem and Prevention of Obesity." Miss Jones will be using National Dairy Council Project Weight Watch material to illustrate her talk. Project Weight Watch is the first nation-wide education program to help prevent excess weight.

Beverly Hospital's departments of medical education and nutrition are offering the program in conjunction with its scheduled community health education series in an effort to alert the public to the health hazard of excess weight as well as to inform the public about food fads, low calorie diets, and recipes.

The planning committee for this approach to community health includes Dr. Francis G. Soule, Jr., director of medical education; Mrs. Virginia Poulen, director of food service; Mrs. Natalie Gorevitz, dietary consultant; Mrs. Theodora Sweeney, nutrition instructor at the school of nursing; Mrs. Dorothy Linehan, director of patient education; Mrs. Elaine T. Lindbloom, nutritionist for the dairy and food council.

The program is open to the public and there is no charge.

SATURDAY, SEPTEMBER 10, 1966

Nutritionist to Speak On Problem of Obesity

BEVERLY — Miss Rachel Jones, nutritionist, Dairy Council of Southeastern New England will be guest speaker in Beverly Hospital Auditorium next Wednesday at 8 p.m., in the first of a series of two Community Health programs sponsored by the hospital. The programs are under the direction of Francis G. Soule, Jr., M.D., director of Medical Education.

Miss Jones will speak on the subject: "The Problem and Prevention of Obesity". She will be using National Dairy Council Project Weight Watch material to illustrate her talk. Project Weight Watch is the first nation-wide education program to help prevent excess weight.

Miss Jones is a member of the American Dietetic Association, has been a therapeutic dietitian in Chicago and Boston hospitals, and a nutrition instructor for six years at the Massachusetts General Hospital School of Nursing.

Beverly Hospital is offering the Community Health Program series on Sept. 14 and Sept. 21. Anyone attending the meetings, who has received the consent of his or her own physician, will have an opportunity to consult with Beverly Hospital dietitians free of charge.

The planning committee is comprised of Dr. Soule, Mrs. Virginia Poulen, director of Food Service; Mrs. Natalie Gorevitz, dietary consultant; Mrs. Theodora Sweeney, nutrition instructor, School of Nursing—all of Beverly Hospital, and Mrs. Elaine T. Lindbloom, nutritionist, New England Dairy and Food Council.

SALEM, MASS., TUESDAY, SEPTEMBER 13, 1966

WEIGHT WATCH

Tickets to the upcoming "Weight watch" project will be given on a first come, first served basis, according to Beverly Hospital.

The sponsors of the program said that the ticket policy was made necessary by an enthusiastic response.

There is no admission, but persons interested should call the hospital and reserve their tickets. The program is the first in a series of community education projects to be undertaken.

"Weight watch" will feature Rachel Jones, nutritionist for the Dairy Council of southeastern New England, as the speaker. The first meeting is slated for Wednesday evening at 8 in the hospital. The second meeting will be a week later.

FOR THE "HEAVY"

Dieting is more than "wishful shrinking — a fat person is not necessarily a well nourished one."

So asserted Miss Rachel Jones during the first in a series of "Weight Watch" programs sponsored by Beverly Hospital this week. An estimated 140 residents of the Greater Beverly area attended the lecture by the Southeastern New England Dairy Council nutritionist on "Problems and Prevention of Obesity."

Beverly Hospital is a pioneer in this area of medical care. The totally new concept of hospital community service -- in this case acting as the agent for a national attempt to curb excess weight. The approach is that of providing the community with a means by which people may prevent excess weight.

The program, under the direction of Francis G. Soule, Jr., M.D., Director of Medical Education at Beverly Hospital, is the first of a series of Community Health programs to be sponsored by the Hospital.

Miss Jones used for her talk, material made available by the National Dairy Council, a non-profit organization responsible for the nation-wide program to prevent excess weight.

Miss Jones stated that a recent survey indicates one in three people in this country are overweight. She pointed out that the statistics represent all age levels. Ten million Americans, she said, are on diets, 16 million are watching their diets and still another 26 million have expressed some concern about their weight. A total of 52 million Americans are concerned in some way with their weight and what they are eating.

Because of the popularity of fad diets and crash diets, nutrition educators are greatly concerned. All too often, dieters are not eating what they should and in many instances, they are leaving out foods that are vital to their health.

"More questions are asked of physicians about weight control than about diets for heart disease or therapeutic diets," Miss Jones said. She told the audience that obesity increases susceptibility to a number of diseases, among them; gall bladder disease, gout, diabetes, hypertension and cardiovascular disease.

"Dieting" said Miss Jones, "is more than a matter of wishful shrinking." She added, "We all know a fat person is not necessarily a well nourished one".

She suggested that people who are overweight "cut down — not out," she referred to the variety of foods that comprise a "good diet".

"A good diet is based on a variety of foods, including milk

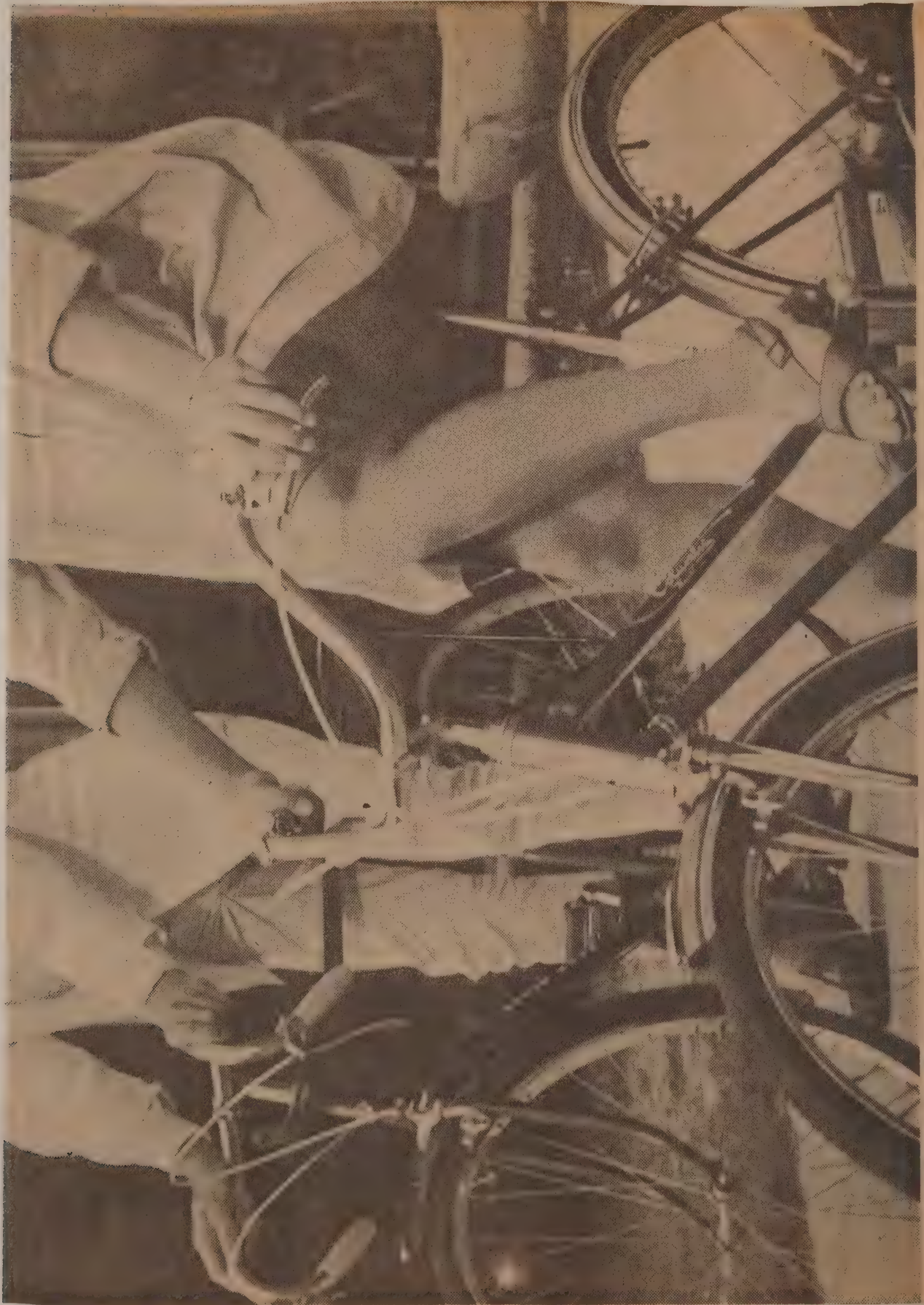
and its products, meats and other protein foods, vegetables, fruits, cereals and breads.

"Project Weight Watch is a preventative program designed to help diet watchers alter their food habits before overweight becomes a problem," she concluded.

As a part of "Weight Watch" series, Beverly Hospital is providing another unique service — that of dietary consultants. Persons attending the series who have the approval of their own family physicians can, free of any charge, have a personal appointment with hospital dietitians in an effort to improve their own habits.

The planning committee for this unique Community Health program is Dr. Soule, Mrs. Virginia Poulen, director of food service; Mrs. Natalie Gorevitz, dietary consultant; Mrs. Theodora Sweeny, nutrition instructor at the School of Nursing of the hospital; Mrs. Dorothy Linehan, co-ordinator, patient education, all of Beverly Hospital, and Mrs. Elaine Lindbloom, nutritionist, New England Dairy and Food Council.

Next Wednesday evening at 8 Beverly Hospital will sponsor Part Two of the "Weight Watch" series. Entitled "The Hazards of Excess Weight," the program will feature a panel of "ex-heavies", who, after a sensible and applied diet, lost weight. The program will be administered by Beverly Hospital staff.



TWO "WHEELERS" — Bicycling at least 20 miles once a week (and sometimes more often), Timothy Leggett and Julie Clark pedal each way from their Manchester homes in order to participate in the out-

standing volunteer-for-teens program offered at Beverly hospital

(See additional pictures and story on pages 8 and 9)



IMPORTANT QUALIFICATIONS — Part of advanced volunteer program is preparation of service cart. Receiving instruction from Mrs. Margaret LaSota, R.N., are John King, Wenham, junior orderly, wearing

traditional white coat and Marcia Harvey, Beverly, dressed in crisp candy-stripe pinafore — signifying they have passed special tests qualifying them as trained assistants.



QUICK SERVICE — Ready to rush piping hot meals to patients at Beverly hospital are (below) teenagers, left to right: Mark Tomeo, Wenham, and Kathleen Trainor,

Beverly, who fill up trays of volunteer workers, Paula Serrentino and Patricia Main, both students at Beverly hospital.

Teens Offer Extra Hand

by John S. King, 15 — Hamilton-Wenham Regional

Giving of oneself is a two way street. Not only does the recipient benefit, but the giver, in helping others, gains a new respect for needs of others. Perhaps, most important of all, feels and becomes needed.

Following a three-day training course, at Beverly hospital, the new volunteer soon discovers the necessity of volunteers in the smooth running of the hospital. An essential service performed by volunteers is that of a courier, messenger service. As many as six messengers often are on call.

Those who prefer working in the shops and storerooms will be welcomed with open arms by the gift shop, storeroom clerks, and members of the purchasing department. More experienced volunteers work with patients as ward aides.

I am a junior orderly, which is a snazzy name for a ward aide. My services include serving cold drinks and feeding patients who are unable to feed themselves. I also help the service room keep bandages, stethoscopes, and other supplies in order; set up treatment carts with gauze, adhesive, blood pressure cuffs, stethoscopes, bandages, alcohol, green soap, sterile dressing kits, and all manner of linen. Changing beds and the linen on the emergency cart is also part of my daily routine.

Whatever you do, do not be frightened away because of the amount of work involved. It is not half as hard as it sounds, and it is twice the fun.

Often a volunteer fills a need that a doctor cannot. The need for a friend. A worried patient sometimes needs someone to talk to and nurses and doctors obviously do not have time.

Volunteers do. A volunteer is especially appreciated by elderly people who need someone to talk to and something to talk about. A confident, relaxed volunteer can be comforting to an ill patient; and by working with such patients obtain discipline and self-control. There is great personal satisfaction in working as a volunteer — and great is spelled with a capital G.



CHARMING LIBRARIANS — Supplying latest fiction, non-fiction, and scientific reading material, per Cynthia Sciola, points out interesting publications to patient, Eugene DuPlessis, while Kathy Wonson (left) records

each printing borrowed from portable book cart at Beyerly hospital. The teenagers are both wearing powder-blue smocks — symbols of volunteer workers.



LAB AIDES — Intent upon their duties (left) in the Beverly hospital "lab" are Jane Call, handling the cotton-capped retorts and

Gail Belton, at the controls, both of Hamilton, while in the background Wayne Eisenhower of Danvers checks a label.



TWO SCOOPS PLEASE — Most popular spot for volunteers and patients alike is the service shop at Beverly hospital. Anxiously awaiting a refreshing repast, deftly whipped up by counter clerks,(above), Karen Kish, (left)

Hamilton, and Bonnie Davis, Danvers, are volunteers, left to right: Kim Kenly, Manchester; Kathleen Leck, and Diane Mugford, both of Beverly.

Donna Carves A Career Along With Her Excess Pounds

By SUSAN HAMILTON

Donna Richards is an enterprising young lass, who has made the tough task of dieting pay off—in terms of a new figure, a promising career and an invaluable knowledge of nutrition and food values.

Burdened with 30 excess pounds put on through years of eating the wrong kinds of food—and too much of them at that—Donna, at 16, was faced with the ultimate truth:

Too fat for fashion, too fat to be a home economist.

"I had already decided what I wanted to be," said the new whittled down Donna, who, now at 19, weighs 124 pounds and is a sophomore at Framingham State College.

"After 11 years of home economics and clothing with the 4H club, I knew I wanted a career as a home economist.

"HOWEVER," she added, laughing, "I had an idea of what an economist looked like and that wasn't me. She should be a vital, vivacious person who looks good in clothes and has everyone's attention when she speaks.

"Here I was, 5 feet, 2 inches tall, weighing 154 and wearing a size 18."

Daughter of Mr. and Mrs. William Richards of Beverly, Donna has worked at the Beverly Hospital for the past two summers as a student dietitian. There she learned all about foods and calories and lived what the dietitian preaches "it's rarely glandular, it's too much of the wrong things."

On and off diets all her life, Donna had nothing to show for her efforts except a sunny disposition.

"I never was unhappy over my weight, at least not miserably unhappy."

"Once I gave up all my favorite foods for a whole year and never lost an ounce," she explained.

"I finally got so discouraged that I gave up on that plan. But there were others, and sometimes after struggling for days, I'd lose a few pounds."

NOW SINCE HER weight loss, Donna has been a guest panelist on 'Project Watch,' which is a series of talks sponsored by the Beverly Hospital on how to lose weight safely.

"I think when a person is fat, she knows that this is the way she'll always look. I certainly never thought I could wear slacks after years of making 18's with puffed sleeves—V necklines, three quarter sleeves, all those tricks to look thin."

"In fact, I never thought much about my weight all when I was younger because most of my girl friends were fat, and my parents were overweight. For a while, at least, I had no intention of giving up those potatoes, corn and vegetables and pies.

"Peanut butter was a real weakness for me," she added with a quick smile.

Donna, however, was approaching the problem age and was faced with the decision to remain fat and give up the idea of a career in home economics or slim down.

"COULDN'T YOU just see me? I was given advice on dieting to overweight people encased in 30 pounds?" asked Donna halfway through her studies to be the dietitian she has always wanted to be. "But it was an unrelated incident that gave me the idea to do something about my weight."

"A boy I met while working on a project said to me the last day of the project, 'You know, Donna, you're a wonderful person.'"

"I thought, well, if he thinks I'm wonderful this way, I wonder what he'd think if I were thinner."

"And though I never saw the soul of a doctor, I set a goal of 130 pounds for myself and went to the doctor for a checkup. He suggested I cut down on the starch I was eating."

DONNA RICHARDS AT 154

Donna's Diet Tips

Donna Richards' weight controlling diet: Protein at every meal (eggs, meat, cheese or fish) plus three servings of vegetables, two glasses of milk and two or three servings of bread each day.

- Learn about foods and calories in the food you eat regularly.
- Have a check-up by your doctor and have him prescribe the number of calories a day you can live comfortably on and still lose weight.
- Don't allow anyone to nag you while dieting—it then becomes a game of what you can sneak.
- Most people eat because they are bored. By finding new interests you can forget about food—sewing is a good stimulant to lose weight because you can make clothes inexpensively in the styles and colors that flatter you best.
- Have variety in your menu—there's nothing more deadly than cottage cheese and eggs for weeks.
- Set a goal of a few pounds and when you lose them, reward yourself with a special treat like cake or ice cream—it won't affect your weight if done once in a while.
- Do exercises—walking is one of the best.
- Don't weigh yourself every day—your weight will fluctuate according to the time of day and loss of fluids. It's depressing to step on the scales after two days of dieting and see no weight loss. Weighing yourself once a week is enough.



(Sunday Herald Photo by Calvin Campbell)

THIRTY POUNDS LIGHTER, DONNA NOW TIPS SCALES AT 124 POUNDS

meant no potatoes and just a little bread. But his advice was effective. Nine pounds effective," she laughed.

DONNA LOST weight slowly at first, and more easily toward the end. "The last 20 pounds came off like a breeze." In total, she has lost 30 pounds in 36 months.

Her diet for the last 20 pounds (she likes to think of it as new food habits) is based on a food exchange plan. Allotted a certain amount of calories a day, Donna makes up a diet of milk, vegetables, fruit, meat, bread and fat.

Eating institutional food and unable to get the kinds of foods she would have chosen, Donna's exchange plan allowed her the

flexibility she wanted and the nutrition she needed.

Under the term "meat," she could eat 3 ounces of any kind of meat or exchange it for an egg, fish, cheese, or peanut butter. The bread could be exchanged for rice, spaghetti, corn bread, muffin or the equivalent calories in any of the starchy foods. The fat could be exchanged for butter, bacon, peanuts, mayonnaise, cream cheese, or light cream.

"One of the first things that defeats a diet is a set-up of hard to get foods or 'special' foods," Donna said. "It's not necessary to put the dieter in a corner with a piece of celery, but it is **NECESSARY** that the dieter learn to live with the foods around him. And to pick from them, not choose them.

Beverly

Nurse Residence Set for January

The \$340,000 graduate nurses' residence will be completed for occupancy in January, according to Beverly Hospital officials.

The three story structure, under construction on Herrick St., is on schedule.

Designed for nurses working nights and week-ends, the residence is expected to aid in recruitment of key personnel for the hospital. Those coming from areas outside of the North Shore will be given priority.

Asst. Administrator John P. Richwagon said today that hospital officials will offer special consideration for those working throughout the summer. Hopefully, the critical shortage of summer help will be eased.

A major difficulty, according to the hospital official, is recruiting nurses into an area where housing facilities are scarce. Limited transportation, he said, necessitates building close to the hospital.

The new structure will be of red tapestry brick. It will contain 35 units, 25 of them singles and six doubles.

Each floor, divided into three sections, will contain two apartments. Kitchen and bath facilities will be installed.

Included will be a laundry room with porches and balconies for each unit. A private parking area will be located in the rear.

The Barkan Construction Company is the contractor.

SALEM, MASS., FRIDAY, OCTOBER 7, 1966



BEVERLY NURSES' RESIDENCE — Sketch shows architect's conception of the nurses' residence now under construction across from Beverly Hospital.

The ultra-modern red brick structure will cost \$340,000 and will be completed in January.

(Staff Photo)

School of Nursing

Annual Open House

Beverly Hospital auditorium was jammed with 250 "buzzing" eighth and ninth graders from the junior high schools of several cities and towns on the North Shore.

They had come to find out what the registered nurse does in real hospital settings and what a career in nursing might be like.

The occasion was the fifth annual open house for junior high school students, as presented by faculty and students of the Beverly Hospital School of Nursing last Saturday morning.

Mrs. Alice Schindel, nursing school director, extended greetings and gave a 15-minute talk on "The registered nurse in today's world."

Small tour groups of 12 visitors, each with its own senior student and/or faculty tour leader, spent a busy two hours of walking and visiting the different areas of the hospital and the nursing school. Tours included brief visits to the emergency/out-patient department, the children's ward, the newborn nursery and maternity department and one of the medical surgical wards, and finally to a staged demonstration of what the nurse does in the operating room.

Questions were answered and explanations were given about the activities of registered nurses in each of these departments. Tour groups also visited the nursing school classrooms, library, science laboratory, recreational areas and dormitory section of the school complex.

Punch and cookies were served by nursing students who acted as hostesses and chatted freely with their visitors. They told the teens all about what a day as a nursing student is like and why they had chosen nursing.

"It was great — just great!" one ninth grader from Ipswich exclaimed to her mother as she climbed into the family station wagon.

"Wow! Wasn't that the smallest and the darlinest little brand new baby you ever saw!" an eighth grader from Briscoe Junior High, Beverly, remarked. "I wish I could have stayed longer by that nursery window. I could have stayed there an hour."

"I could have watched them forever," her friend broke in. "Just forever!" She sighed. "So tiny and so helpless!"

"It's fabulous how those two nurses knew exactly what to do for that little old lady. I sort of got scared in case she might die — or something while we stood listening to the tour leader." . . . This from a tiny redhead whose long bangs had become tangled during the long trek from ward to ward.

And so another open house program ended. They left with lots to dream about and plan for the future.

Faculty and students all agreed — as they seem to, every year — that "this open house was the best one yet."



EMERGENCY ROOM — Visitors found themselves listening for the wailing siren that could call the staff to a life or death situation at any second. Senior student L. Whitmore demonstrates treatment for a minor emergency under the super-

vision of graduate nurse Mrs. K. Hagberg (left). Watching girls are Joanne Deveau (second right) and Susan York of Beverly. (See photo below.)



REGISTERING — Beginning an exciting day at Beverly Hospital are Donna Bell (second left) and Patty Daily (second right,) both of Briscoe Junior High school.

Freshman student Leslie Kiely (seated) **records names** as nurse Vonda Laramie tags visitors.



NURSES AND NURSES-TO-BE — Talking it over after the tour was almost as much fun as watching the nurses in action. Visiting teens had a barrage of questions ready for student

nurses after a behind-the-scenes peek at hospital life. Left to right, Paula Witwicki, Deborah Wollenhaupt, Nancy Lomonte and Joan Parker of Beverly.



TELESTORY VIEWER — Some areas of the hospital, such as surgery, are off limits even to privileged visitors. So, instead of visiting in person, teens visited via pictures. Student JoAnne Benoit operates a viewer normally used

to assist student nurses with their homework in Beverly Hospital's library. Teen visitors are Nancy York (left) and Kathleen Reilly of Beverly.



BRAND NEW — The comment most often heard from visitors is "She's a living doll." A little corny, perhaps, but it fitted tiny, newborn Sandra Jean Hersey exactly. (A future Teen Scene

reader, of course.) Pointing nurse Elizabeth Nicoll (center) shows off the nursery to Judy LeBlanc and Terry Glass of Beverly (right).

Beverly

Hospital Adds 30 Employes

Expansion of the professional staff, caused by the implementation of medicare at Beverly Hospital, was announced this week by Administrator Craig Slater.

Two physical and occupational therapists, a health nurse and 28 new floor nurses have been named to hospital posts.

Slater, announcing the appointment of Mrs. Regina Milgroom and Miss Arlene Quinn, both of Lynn, to the physical therapy department, said that home calls will be made by the therapists in conjunction with the Visiting Nurse Association.

Mrs. Mary Peterson of Beverly is the new health nurse. She will coordinate student and employee health programs.

Named to the professional nursing staff were Miss Murial Anderson, Miss Mary Singleton, Miss Gail Smith, Mrs. Mary Merchant, Mrs. Doris Axner, Miss Pamela Purinton, Miss Barbara Mackerron, Miss Georgia Wymark-Simmons, Miss Elizabeth Shea, Miss Ginger Soucy, Miss Dianne Penney, Miss Jeanne Porter, Miss Linda Zelski, Miss Sara Philbrook, Miss Esther Clear-Sky, Miss Elizabeth Schulty, Miss Kathleen Donovan, Miss Carolyn Gannino, Miss Pauline Collette, Miss Marvis Dezern, Miss Paula O'Rourke, Miss Kathryn McCarthy, Mrs. Mary Holiday, Mrs. Joann LeClerc, Mrs. Anna Waterbury, Miss Evelyn Howard, Miss Joan Flanagan and Mrs. Ankta Taylor.

BEVERLY EDITION

THE EVENING NEWS — SALEM, MASS., FRIDAY, DECEMBER 16, 1966

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(Staff Photo)

CHEER UP PATIENT — Former Marine Sgt. Bruce A. Garry, 24, of 364 Cabot St., Beverly, finds his day in a Beverly Hospital bed brightened Tuesday with gifts from the Essex County Marine Corps League of Peabody. With Garry, who was injured in a motor scooter-auto collision on Oct. 14, are, from left: Nick

Mazetta of Hamilton, Roy White of Beverly, League junior vice commandant, James Sakaris of Peabody, Thomas Coan of Peabody, senior vice commandant, and Edward Steisberg of Peabody. Barry was a Corps ordnance man during his four-year hitch. He was discharged on Sept. 6.



(Staff Photo)

BEVERLY HOSPITAL AID BLOODMOBILE—The goal of 300 pints of blood for the Beverly Red Cross program, sponsored by the Beverly Hospital Aid Association at the recent bloodmobile in the hospital, was exceeded by one pint. Members of the association,

compiling statistics, listed 35 walk-in donors, 45 first-time donors, 22 of whom had never before given blood. left to right are: Donor J. J. Flatley of Manchester, Mrs. Charles Steward of Hamilton, co-chairman, and Mrs. Thomas Hoy, RN, of Beverly.

Bloodmobile At Beverly

BEVERLY — Mrs. Louis W. Cabot, president of the Beverly Hospital Aid Association, has announced that a Bloodmobile will be held from 12.45 to 6.45 p.m. Nov. 7 and 8, in the hospital.

Among the members manning the volunteer office where appointments may be made are Mrs. James H. Wykoff, Manchester, co-chairman; Mrs. George W. Perry, Beverly, acting Red Cross director; Mrs. Francis P. Sears, Hamilton, Red Cross representative; Mrs. Dianne E. Richarde, Beverly, blood program secretary; Miss Constance Hanley, director of volunteers, appointments; Mrs. Orrin C. Dunn, Hamilton, publicity; Mrs. George O. Southwick, Beverly, posters; Mrs. Gilbert L. Steward, Jr., Topsfield, scheduling; Miss Mae Bartley, Hamilton, registration; Mrs. John C. Kelleher, Jr., Beverly; typist; Mrs. James S. Hewson, Beverly Farms, hostesses and Mrs. George Spear, Beverly, transportation.

'Careers in Medicine' Topic of Health Forum

"Careers in Medicine" will be the featured Health Careers program sponsored by the Essex South District Medical Society and the Essex County Health Careers Council, to be held at the Beverly Hospital Auditorium Saturday from 9 a.m. to noon.

F. G. Soule, M.D., director of medical education, Beverly Hospital, will greet the eighth, ninth, and 10th grade North Shore pupils.

This program has been planned by James S. Hewson, M.D., orthopedic surgeon, Beverly Hospital. A Beverly Hospital panel of physicians will discuss the role, duties, educational requirements and opportunities in pediatrics, Thomas W. Adams, M.D.; internal medicine, Philip D. Herrick, M.D.; surgery, Mayo Johnson, M.D.; and obstetrics and gynecology, Henry J. Ramini, M.D.

A question and answer period will be held. Pupils will be given a guided tour of the hospital laboratory and facilities, conducted by hospital volunteers.

Members of the Essex County Health Careers Council include:

Robert E. Knights, chairman, head of science, Pentucket Regional High School, Newburyport; Olive T. Balkus, Greater Lynn Chapter, Massachusetts Heart Association; James Dawson, American Cancer Society, North Shore Area; Barbara G.

Flagg, Essex County Health Association; James S. Hewson, M.D., Essex South District Medical Society; Bruce W. Higgins, North Shore Chapter, Massachusetts Heart Association; Mrs. Leila Kiely, Mental Health Association of the North Shore, Inc.; Helen Kelly, Ed.D., Salem State College; Mrs. Jane B. Livermore, R.N., Massachusetts League for Nursing; Miss Sally Lovejoy, R.P.T., Massachusetts Physical Therapy Association; Richard R. Sherman, Northeast Regional Hospital Council; Mrs. Marjory Walkling, R.N., Massachusetts Department of Public Health; Donald Whitehouse, Mental Health Association, Inc., of Lynn; and Leonard Zani, Essex County Guidance Directors' Association.

FRIDAY, NOVEMBER 25, 1966

ing."

Dr. Clyde R. Woodworth, hospital chief of medicine, spoke at the meeting in the auditorium of the medical facility. He described the roles of social workers and other professionals who play a part in the care of the community.

Mrs. Gertrude Feder, coordinator of hospital social service dept., pointed out that many agencies can help solve patient problems, regardless of financial status.

The third speaker, Isaac Seligson, executive director of the Children's Friend and Family Service Society described his organization's homemaker service which permits women to help with household chores while the patient's health is being restored. He was joined by Miss Marilyn Davis, project coordinator.

Mrs. Sylvia Manaster talked of her role as a physical therapist while Mrs. Leonard Egan, Jr., told of the work being done by occupational therapists.

Household aids, devised by Harry Dow of Red Rock Ln., Beverly, were demonstrated.

Plans were announced for the next Hospital Town Meeting,

"Home Nursing" on Nov. 30 and "Patients, Nursing Homes and Medicare," slated for Dec. 7.

The programs are specifically designed to help the public and their medical problems. Hospital officials invite anyone desiring to attend the programs.

MEDICAL MEETING

Another in the series of "Medical Town Meeting" discussions will be presented Wednesday at 8 p.m. at the Beverly Hospital auditorium. Topic for discussion will be "Nursing at Home".

Mrs. Dorothy Henry, R.N., head nurse at Beverly Hospital, will explain the need for additional care after discharge from the hospital.

The second speaker, Mrs. Barbara Greenwood, R.N., of the Beverly Visiting Nurses Association, will discuss the relationship of visiting nurse to patient.

Mrs. Karol Hagberg, R.N., instructor in Public Health at the Beverly Hospital School of Nursing will stress, "Common Sense About Common Ills", in winding up the seminar.

HOSPITAL "TOWN MEETING"

The problems with caring for the handicapped at home were discussed at the recent Beverly Hospital "Medical Town Meet-

Care Of Handicapped Topic For Discussion

BEVERLY - Anyone who has problems related to the care of a handicapped person at home could have learned where to find a helping hand at the Beverly Hospital "Medical Town Meeting" held in the hospital auditorium Wednesday evening, November 16.

The latest program of the continuing series of community health education presented the roles social workers and other professionals play in the care of the community. Dr. Clyde R. Woodworth, Beverly hospital chief of medicine, described how these services support the doctor in helping disabled patients when they leave the hospital.

Mrs. Gertrude P. Feder, coordinator of the program and director of Beverly hospital's Social Service department, described the many agencies which can help solve patient's problems, regardless of their financial status. The support given by coordinating these many services was dramatized by a patient who shared the experiences she had in returning to a useful and happy life after the misfortune of a severe injury.

Isaac Seligson, executive director of the Children's Friend and Family Service Society of the North Shore, described the homemaker service, which permits women to help with the household chores while health is restored.

Miss Marilyn Davis, project coordinator of the Home Management Training Center, presented the roles her workers play "to hold the family together." Both she and Seligson emphasized the need for additional helpers to permit the services to help families beset by illness.

Mrs. Sylvia Manaster detailed the role of the physical therapist and Mrs. Leonard Egan Jr., the role of the occupational therapist in speeding recovery at home.

One of the most interesting aspects of the program was a demonstration of the many household aids devised by Harry Dow of Red Rock Lane, Beverly. His ingenious gadgets, for the Home Management Training Center, are engineered to allow persons with major handicaps to do kitchen and household chores, thereby maintaining

their independence.

In the following weeks, "Medical Town Meetings" will include programs on "Nursing at Home" on November 30 and "Patients Nursing Homes and Medicare" on December 7. The programs are specifically designed to help the general public become better informed about various aspects of medicine and medical care. Beverly hospital officials extend an invitation to the community to attend these programs.

12 Nursing Students Win Diplomas

BEVERLY — The Class of 1966 from the Beverly Hospital School of Practical Nursing recently received diplomas from Clyde R. Woodworth, M.D., chairman of committee, School of Practical Nursing, in the Beverly Hospital Auditorium.

Twelve nurses in the class of 1966 heard Frank Bixby, M.D., surgeon at Beverly Hospital, describe the role they were about to undertake as one in which they could be proud. Dr. Bixby noted that Hospitals have long held in esteem the work done by Practical Nurses and that the work done by them was an essential service to humanity.

The school was established in 1941 in response to a need for more adequate and widespread nursing service in the community due to the outbreak of World War II. It was then called The School for Attendant Nurses. In 1953, the name was changed to School of Practical Nursing in accordance with state legislation.

Delivering the invocation and benediction was the Rev. Paul Clayton. C. Henry Glovsky expressed the congratulations of the board of directors and Assistant Administrator John P. Richwagen spoke on behalf of the administration of the hospital.

Mrs. Margaret E. Fitzpatrick, R.N., director of the School of Practical Nursing, presented pins to the graduating class and extended the congratulations of the staff of the school. Mrs. Mary Palmer, R.N., director of nursing service at Beverly Hospital, congratulated the graduates on behalf of the nursing staff.

Presentation of the "Practical Nurse of the Year Award" was made to Miss Helen F. Domin by Mr. Glovsky. Miss Domin is from Haverhill.

The Junior Class Chorus sang "No Man Is An Island" to the accompaniment of Mrs. Alvin Craig at the piano.

Marshals were Miss Barbara Forkey and Lauren McCarthy, president and vice president of the Class of 1967.

Graduating were Misses Nancy Jean Charland, Ruth Marie Dalton, Linda Anne McCarthy, Gay Ellen Martin, Carolyn Frances Nichols, and Rosalie Rapisarda, all of Beverly; Ellen Frances Carberry of Braintree; Helen F. Domin of Haverhill; Florence Hanibal, Rockport; Nancy Jean Saliewicz, Hyde Park; Carleen Ruth Scott, Ashland; and Janice Dale Witham, Rockport.

Ushers were Diane Rutherford and Sandra Cumming.

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NEW PRACTICAL NURSES — Six young Beverly girls were among the 12 who recently graduated from the Beverly Hospital School of Practical Nursing. They are, left to right, Nancy Jean

Charland, Rosalie Rapisarda, Carolyn Frances Nichols, Carleen Ruth Scott, Linda Ann McCarthy and Ruth Marie Dalton.

Hospital Ups Room Rates \$8 a Day

BEVERLY—Room rates at Beverly will be increased by \$8 a day starting Jan. 1.

Announcing the new rates this morning, Beverly Hospital Administrator Craig S. Slater described the increase as "unusual," but added it is compatible with announcements of rate increases Oct. 1, 1966, by other teaching hospitals.

The increase will swell the average cost of private room care from its present \$45 per day to \$53 per day. Semi-private room rates, now at \$38, will be increased to \$46 a day.

The increase represents a 16 per cent increase in total patient charge and, according to Slater, "is necessary because of the marked increase in the minimum wage and prevailing salary increases for nurses and other employees."

"In order to maintain sufficient trained personnel to care for our patients, it is imperative that Beverly Hospital adjust its employees' salaries. The rate increase is a result of compounding factors of a higher minimum wage, scarcity of professional personnel, and the need for additional trained personnel to meet the demands of Medicare. This spiraling cost problem has hit all hospitals in the country. Hospital officials throughout the nation agree that their employees have been underpaid for years and adjustments can no longer be held back in the face of expanding medical services.

Under the new minimum wage law, 30 million workers in the United States will receive \$1.40 per hour on Feb. 1, 1967 and \$1.60 per hour on Feb. 1, 1968. Seventy per cent of all cost of operating the Beverly Hospital goes for wages. Because of

the drastic manpower shortage, hospitals are forced to pay wages competitive with industry."

"AWARE OF BURDEN"

"The Board of Directors of the Beverly Hospital are acutely aware of the burden the community must face. After an exhaustive study of costs and reimbursement, there was no alternative but to face reality. Beverly Hospital officials are presently faced with the dilemma of not only seeking professional employees, a chronic problem, but must face shortages in other skilled groups not heretofore affected."

Administrator Slater said, "For the past several years, it was apparent hospitals were facing a losing battle in retaining employees with many salary schedules pegged at the lowest level in the community. We have struggled to train and maintain continuity of service to the patient with a 50 per cent turn over in personnel, and in some departments, it has run as high as 75 to 90 per cent. This gradually became insurmountable at Beverly, and like other hospitals one nursing floor was closed last summer. Many of the people we trained left our employ for higher paying jobs."

"Non-payroll costs such as supplies and equipment must be paid at the going rate. Hospitals do not receive a charitable price for these necessary items, nor do our employees — who must meet the demands placed upon them by the spiraling cost of living."

Slater said, "As our cost of living continues to rise, additional rate increase can only be expected. Beverly Hospital is only a part of the society in which it exists."

The hospital spokesman said that what happens in large urban cities like New York, San Francisco and Boston ultimately affects the costs at Beverly Hospital. What has markedly changed is the speed with which these effects in metropolitan centers are reflected down to suburban hospital levels.

What is a serious financial problem facing the nation is the belief among hospital administrators that the full effect of Medicare and Title XIX has not yet been felt by hospitals and will certainly add to the cost of medical care.

Extended care facilities become a part of the Medicare program on January 1, 1967 and Title XIX, for those under 65, is just getting under way. There is no question that more people will be helped, but cost and service are related factors.



(Staff Photo)

PRESENTED PLAQUES — James E. Allen, Salem Social Security district manager, presents plaques to administrators of five general hospitals in area during ceremony in SS office in the post office building. The plaques signify that the hospital is certified to

participate in Medicare. Shown with Allen (left to right) are Tucker Vye, Gloucester; Craig Slater, Beverly; Henry Beckingham, Ipswich, and George Buis, Salem.

James E. Allen, Social Security district manager in Salem, today presented plaques to the administrations of the five general hospitals in the area serviced by the Salem Social Security office.

The red, white and blue plaque signifies that a hospital has met the requirements of, and is certified as a participating hospital for health insurance under Social Security.

Attending the ceremony at the Salem Social Security of-

fice were the following administrators: George Buis, Salem hospital; Craig Slater, Beverly hospital; Tucker Vye, Addison Gilbert hospital, Gloucester; Henry Beckingham, Cable Memorial hospital, Ipswich; John Ellis, Mary Alley hospital, Marblehead.

The administrators were in general agreement that although there has been a slight increase in hospital activity since Medicare became effective on July 1, they do not foresee an immediate impact on hospital resources.

Allen, on behalf of the Social Security administration, extended his compliments to the hospital administrators for the smooth transition to Medicare exhibited by the hospitals. One of the reasons for this effective transition was the intensive training undertaken by the hospital staffs prior to the inception of the Medicare program.

For those people who will be 65 in the near future Allen issued this reminder: "To have Medicare coverage begin with the month of your 65th birthday, a person should enroll for

Medicare in one of the three months before his 65th birthday."

The Salem Social Security office is located in the post office building.



(Staff Photo)

'TIS THE SEASON TO BE JOLLY . . . And merry the spirit was at Beverly Hospital Thursday night when a giant 40-foot Christmas tree was lighted. The distinction of throwing the main switch, turning on 1000 multi-colored lights, fell on Kevin Trainor, one

of the more youthful patients in the hospital. The 4.45 p.m. ceremony was set against a backdrop of caroling nurses. The nurses are (left to right) Lauren McCarthy of Beverly; Mrs. Joan Page, Beverly; Judith Woodfin, Beverly, and Linda Souza, Peabody.

Light Tree At Hospital

BEVERLY—With a flick of the switch, Beverly Hospital grounds flowed with the spirit of Christmas Thursday night.

Five-year-old Kevin Trainor, a patient, did the honors. The youngster, son of Mr. and Mrs. Edward Trainor of 18 Blaine Ave., illuminated a 40-foot live blue spruce tree near the hospital's entrance.

Student nurses, from both the nursing and practical nursing schools, sang Christmas carols under the direction of Mrs. Priscilla Wilks. They then went into the hospital where they sang in the patient areas.

Earlier this week hospital employes were guests of the Beverly Hospital Aid Assn. at a Christmas party in the auditorium. The freshmen nurses glee club provided the entertainment, accompanied by Robert Littlefield at the organ.



Shortening the Hours

Time passes slowly for young patients, especially when Christmas rolls around. Candy Stripers help the time to pass more happily and quickly. Marcia Harvey, 15, of Beverly, is helping five-year-old Kevin Trainor, also of Beverly, to make bells for decorations in the pediatrics ward of Beverly hospital.



(Staff Photo)

NURSE OF THE YEAR—Enrolled at the Beverly Hospital School of Nursing, Jeanne Porter of North Andover merits the distinction of being chosen "Beverly Hospital Student Nurse of the Year." Jeanne

is at bedside of patient, Mrs. Edna Woodsworth of Beverly, who obviously appreciates cool, refreshing drink.

